



2023 ECOLOGY LENTEN CALENDAR

IRISH JESUIT PROVINCE
CARING FOR OUR COMMON HOME

2023 ECOLOGY LENTEN CALENDAR



FEBRUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				



- **Ash Wednesday 22nd ... Have a meat-free day**
- **Fri 24th ... Take part in a climate workshop!**
- **Mon 27th ... Leave the car at home**



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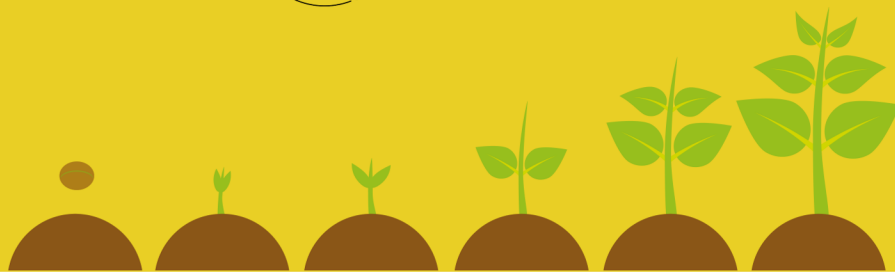


MARCH



S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- **Weds 1st ... Plant a native tree**
- **Sun 4th ... Include Care for our Common Home in your prayers**
- **Thurs 9th ... Parish as Oasis book club**
- **Mon 13th ... Walk or cycle to work**
- **Sun 18th ... Avoid using plastic bottles**
- **Tue 21st ... Sow seeds in a veg garden**
- **Weds 29th... Speak a cúpla focal as Gaeilge**



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APRIL

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



- **Sun 1st... Reduce food waste**
- **Mon 2nd ... Eat local and seasonal food**
- **Good Friday 7th ... Meat-free day**



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During this season of lent we invite you to reflect and act on what may be the ultimate challenge of humankind. It will be a response to Pope Francis' call in his encyclical *Laudato Si', on the care for our common home* where the Pope affirms: *"The ecological crisis is also a summons to profound interior conversion. Christians all need an "ecological conversion", whereby the effects of their encounter with Jesus Christ become evident in their relationship with the world around them."* (LS 217)

Use this calendar either as a team or as an individual to track your ecological actions throughout the season of lent.

Included in the calendar are some suggestions including:

- Meat free or meat and fish free days
- Take the Climate Fresk (Climate Collage) workshop
- Swapping the car for active or public transport
- Include Caring for our common Home in your prayer
- Parish as Oasis book club
- Plant native trees, flowers or seeds for food
- Avoid plastic drinks bottles
- Practicing Irish
- Reducing food waste
- Consume seasonal and local - check your kitchen press to see where your food comes from

Feel free to come up with your own suggestions and fill the calendar with actions you take to care for our Common Home

Share your progress and actions with the Province by emailing ecology@jcfj.ie